

# CURSO DE NUTRIÇÃO EM GASTROENTEROLOGIA



9, 10 e 11 de janeiro de 2025 | Sede da SPG

Apoios:



## 9 de janeiro, quinta feira

### 09h30 | Abertura do Curso

#### 10h00 | APNEP Basic Course on Clinical Nutrition and Metabolism

- Protein and calories: basic nutrition Ana Catarina Moreira
- The normal nutrient metabolism during fasting and postprandial state  
Leonor Silva
- Body composition and nutritional assessment in health and disease  
Diogo Catita

### 12h30 | Almoço - PEGs: Hands on moment

#### 14h00 | ESPEN LLL Course Topic 8 - Approach to Oral and Enteral Nutrition

- Oral and sip feeding Carla Adriana Santos
- Indications, contraindications, complications and monitoring of EN  
Luísa Glória

### 16h00 | Pausa saudável

- Techniques of enteral nutrition Jorge Fonseca
- Formulae for enteral nutrition Carla Adriana Santos
- Clinical Discussion
- Test

### 18h30 | Lecture: Home Enteral Nutrition Célia Lopes

## 10 de janeiro, sexta feira

#### 08h30 | ESPEN LLL Course Topic 9 Approach to Parenteral Nutrition

- Indications and Contraindications for PN Jorge Fonseca
- Techniques of PN Jorge Fonseca

### 10h15 | Pausa saudável

- Pharmaceutical aspects of PN: Compounding and ready-to-use preparation Ana Paula Santos
- Monitoring and complications of PN Luísa Glória
- Clinical Discussion
- Test

### 12h30 | Almoço

#### 14h00 | ESPEN LLL Course Topic 19 Chronic Intestinal Failure and Home Parenteral Nutrition (HPN) in Adults

- Indications and Outcome Jorge Fonseca
- Chronic Intestinal Failure: Medical Treatment Home Parenteral Nutrition Training and Monitoring Jorge Fonseca

### 16h00 | Pausa saudável

- Central Venous Access Device Complications Maria João Lima
- Metabolic Complications and Indications for Intestinal Transplantation  
Luísa Glória
- Clinical Discussion
- Test

### 18h30 | Lecture: Home Parenteral Nutrition Ana Queiroz

## 11 de janeiro, sábado

#### 08h30 | ESPEN LLL Course Topic 12 - Nutritional Support in Gastrointestinal Diseases

- Compromised gut Luísa Glória
- Challenges in treating short bowel syndrome Jorge Fonseca

### 10h15 | Pausa saudável

- Nutrition in gastrointestinal fistulas Nuno Carvalho
- Nutrition in inflammatory bowel disease Carla Adriana Santos
- Clinical Discussion
- Test

### 12h30 | Almoço - PEGs: Hands on moment

#### 14h00 | ESPEN LLL Course Topic 13 - Nutritional Support In Liver Disease

- Nutritional Support in Acute Liver Failure Luísa Glória
- Nutritional Support in Chronic Liver Disease Jorge Fonseca
- Clinical Discussion
- Test

### 16h00 | Pausa saudável

#### ESPEN LLL Course Topic 14 - Nutritional Support In Pancreatic Disease

- Nutrition in Acute Pancreatitis Nuno Carvalho
- Chronic Pancreatitis Carla Adriana Santos
- Clinical Discussion
- Test

### 18h30 | Lecture: Síndrome do Intestino Curto: a importância do perfil do doente como preditor da resposta Miguel Frois Borges